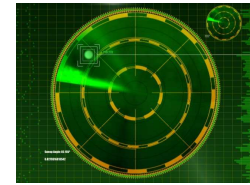


RADAR



(Respiratory And Diabetes
Awareness Resource)

Aiming to keep Primary Care staff informed of Respiratory and Diabetes developments.

Asthma – Paediatric

To improve knowledge and understanding of paediatric asthma and to learn skills in relation to treatment managing the condition :

Date: **7 October 2010**

Time: **1330-1630 hours**

Cost: **FREE**

Venue: **St John's Hospital**

Further details available from
ann.quincey@nhslothian.scot.nhs.uk

Insulin Administration Resource Packs

District nurse resource and training packs, in the use of the green books and titration sheets, will be available for distribution in October. All registered nurses (and newly appointed nurses) in West Lothian will be issued with a pack supported by training.

It is hoped this will up-skill all community nurses in insulin administration.

For further information contact :

Anne Morrison (formerly Munro)

(Anne.l.morrison@nhslothian.scot.nhs.uk)

Self Management Plan (SMP) for COPD

“The aim of this plan is to help patients have better control of their COPD. It will enable them to monitor their symptoms and to know what to do if they have an exacerbation”.

There will be a pilot of the SMP for COPD carried out between October-December 2010. Patients reviewed by the respiratory team in SJH's (either inpatient or out-patient) will be offered completion of the SMP. Evaluation during the pilot period will be completed.

For further information contact:

Shena Brown (shena.brown@nhslothian.scot.nhs.uk)

DESMOND

There are still 2 education sessions run each month. Please continue to refer all newly diagnosed Diabetics. (referral form on intranet 'healthcare/A-Z/diabetes')

Updated Diabetes booklets

Both the Lothian Diabetes Handbook and 'Living with Type 2 Diabetes' booklets have been updated recently. A hard copy of the Handbook will be sent to all West Lothian practices soon. (Copy also available online on intranet 'healthcare/A-Z/Diabetes'). For copies of the 'Living with Type 2 Diabetes' booklet please contact:

Anne.l.morrison@nhslothian.scot.nhs.uk

FUTURE TRAINING EVENTS

12/13 November 2010

Scottish Respiratory Nurse Specialist Forum
(programme and further details to follow)