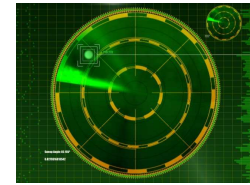


RADAR



(Respiratory And Diabetes
Awareness Resource)

Aiming to keep Primary Care staff informed of Respiratory and Diabetes developments.

Pulmonary Rehabilitation - Should be made available to all appropriate patients with COPD (NICE (2004), *Chronic Obstructive Pulmonary Disease - Clinical Guideline 12*)

West Lothian Service

- ✚ No. of patients referred to service = 168
- ✚ No. of patients on waiting list = 30
- ✚ No. of patients referred from Secondary Care = 81
- ✚ No. of patients referred from Primary Care = 56

COPD Awareness Events

(in association with Chest, Heart and Stroke Scotland)

Bathgate pcc
5/10/09, 2-4pm

Strathbrock pcc
8/10/09 10am-1pm

There will be the opportunity to speak to Health Care Professionals, CHSS and members of the Airways Support Group.

DESMOND (Diabetes Education and Self Management for Ongoing and Newly Diagnosed)

(Scottish diabetes Framework action plan for 2006-2009 (3) Enhance patient self-care and self-management by ensuring that all people with diabetes in Scotland have access to appropriate information and education.)

- ✚ No. of patients referred Jan-July 2009 = 192
- ✚ 2 education sessions delivered every month
- ✚ Lay Education Pilot taking place

DOLI (Diabetes Ownership for Lifestyle Improvement)

Education & Exercise programme proven to increase exercise tolerance. Pilot due to begin October 2009!

FUTURE TRAINING EVENTS

Respiratory

1/10/09 Respiratory Nursing Forum
30/10/09-31/10/09 SRNS conference
March 2010 - QMU Management of COPD & Spirometry in General Practice

Diabetes

22 October 2009 - non registered staff
18/19 November 2009 - registered staff
Management of Diabetes Degree Course - February 2010

Useful Web Addresses

- Lothian Respiratory (COPD) MCN - www.lothianrespiratorymcn.scot.nhs.uk
- NHS Lothian Diabetes - www.lotdiabnet.scot.nhs.uk
- Chest, Heart & Stroke, Scotland - www.chss.org.uk
- British Lung Foundation - www.lunguk.org
- Asthma UK - www.Asthma.org.uk
- Diabetes UK - www.diabetes.org.uk
- Diabetes - www.mydiabetesmyway.scot.nhs.uk

For further information contact:

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