



RADAR



(Respiratory And Diabetes
Awareness Resource)

Aiming to keep Primary Care staff informed of Respiratory and Diabetes developments.

AIRWAYS GROUP

The Airways group provides a range of activities and offers stimulation and companionship to patients and carers in a friendly and relaxed environment. New members are welcome and membership is open to anyone in West Lothian who is affected by a breathing problem.

Date : Last Monday of each month
Time: 6.00pm - 7.30pm
Venue: Room GP1
Strathbrock Community Centre
Broxburn

DOLI (Diabetes Ownership for Lifestyle Improvement)

A cardiovascular risk prevention programme, combining education and exercise. Information and referral forms will be circulated by the end of February.

Books on Prescription

Website being developed to enable easier printing. Please continue using the site (CHCP site below) to see what new books are available for patients.

FUTURE TRAINING EVENTS

Respiratory - 2010

10th March - COPD update - 0930-1230 Stevenson Enterprise Centre, Edinburgh
(contact: Education Centre, SJH's 01506 523892)

19/26 March & 18th June - QMU module - The management of COPD & Spirometry.
(email : ann.quincey@wlt.scot.nhs.uk)

April (tbc'd) Respiratory Nursing Forum

Diabetes 2010

For registered staff - 2 day course - 26/27 April (NRIE), 1/2 June (Edenhall), 25/26 Aug (NRIE), 4/5 Oct (SJH's)

For non-registered staff - 1 day course - 8 March (WGH), 4 May (NRIE), 30 June (Edenhall), 7 Sept (NRIE) and 10 Nov (SJH's)

Useful Web Addresses

Lothian Respiratory (COPD) MCN - www.lothianrespiratorymcn.scot.nhs.uk
NHS Lothian Diabetes - www.lotdiabnet.scot.nhs.uk
Chest, Heart & Stroke, Scotland - www.chss.org.uk
British Lung Foundation - www.lunguk.org
Asthma UK - www.Asthma.org.uk
Diabetes UK - www.diabetes.org.uk
Diabetes - www.mydiabetesmyway.scot.nhs.uk
West Lothian Community Health and Care Partnership - www.westlothian.chcp.org.uk

For further information contact:

Shena Brown, Respiratory Care Facilitator, Laura Hunter, Project Co-ordinator, Anne Munro, Diabetes Facilitator, Bathgate Primary Care, Tel: 651916