

West Lothian  
Community Health and Care Partnership

**Minutes of Meeting**

**Pulmonary Rehabilitation**

**27 January 2010**

**Ladywell Room, St John's Hospital (8.45-10.30am)**

**Those present** : Laura Hunter, Shena Brown, Catriona Peacock, Jill Adams

**Apologies** : Sally Westwick, Christine Candlish, Anne Chilton (patient representative)

*Cc: Chris Dickson, Kathleen Thane, Tanweer Ashraf, Donald Noble*

Item		Action
1.	<b><u>Apologies</u></b> – as above	
2.	<p><b><u>Database update</u></b></p> <p>Laura updated the group on what stage we are at with regards database. At the moment there are <b>299</b> patients who have been referred to the programme. 107 patients results have been entered to 9W assessment worksheet, 30 patients to the 6M assessment worksheet, 40 patients to 3M questionnaire worksheet, 18 patients to 12M questionnaire and only 10 patient experience survey results have been added. From these figures it was noted that it is very difficult to extract statistics if the information is not populated onto the database.</p> <p>It was acknowledged that the Lothian Audit is due to be published in next 2 weeks – following this it was agreed that we should look at the database again and decide what info can be input in the allocated hours available to Tanweer. We know what info we would like recorded but unfortunately in the limited no. of admin hours this is not going to be possible. To be discussed at next meeting.</p> <p>Tanweer/Catriona previously requested that extra columns be added to 3M questionnaire for CRDQ results, however it was confirmed by group that this is not required. The CRDQ column should be on 9 week assessment, 6M assessment and 12 questionnaire.</p> <p>It was agreed that Jill/Catriona would feedback at next meeting the processes of other Lothian rehab projects so we could compare with West Lothian.</p> <p>Long Term Conditions Collaborative – Pulmonary Rehab Templates – Laura thanked Catriona for continuing to send the figures for the service. These figures are fed back on the template to the collaborative.</p>	<b>CP/JA</b>
3.	<b><u>Administration Hours</u></b> – to be discussed at next meeting	<b>SW</b>
4.	<b><u>Vulnerability of Physio post</u></b> – to be discussed at next meeting	<b>SW</b>
5.	<p><b><u>MCN feedback</u></b></p> <p>Jill was unable to attend last MCN meeting – will send last minutes (Dec 09) to Laura to circulate to group before next meeting.</p>	<b>JA</b>

<p>6.</p>	<p><b><u>Self Management Classes</u></b></p> <p>Shena informed the meeting of the forthcoming pilot in West Lothian. Targetted at 80 mild/moderate patients. – education (and prevention) will be either 1 full day or 2 half days. (similar to DESMOND diabetic sessions currently being run in West Lothian). Venues will be in Livingston and Whitburn. Evaluation will be carried out at end using LINK and satisfaction questionnaires.</p>	
<p>7.</p>	<p><b><u>CHCP Website</u></b></p> <p>Laura updated the meeting on the progress with the website. The format of the Respiratory page has been done but not published yet so patients unable to view at present. Unfortunately there are ongoing problems with accessing a WLC network pc. Laura has been allocated use of a pc in the Civic Centre but unfortunately it now needs upgraded.</p> <p>The info on the page will include : newsletters, minutes of meetings, books on prescription, relevant websites, patient info leaflet, airways group link, WL Respiratory. Care Partnership. Laura asked the meeting to feed back any other info they would like added in the future.</p> <p>Laura will feed back at next meeting any updates.</p>	<p>LH</p>
<p>14.</p>	<p><b><u>Any other business</u></b></p> <p><b>Patient conference</b> Shena mentioned that this could be a future initiative. A conference for patients who have been through the rehab programme from the start of the project. The conference could cover updates on exercise, e.g green gym and also cover topics such as medication, inhaler technique, self management. Venue/lunch could be organised via Pharmaceutical companys? Shena asked the group to think about other ideas. To be discussed at next meeting.</p> <p><b>Pharmacy Self Management</b> Susan Ingham will pilot this with rehab patients beginning March/April 2010.</p> <p>It was discussed that there appears to be a gap for rehab patients with regards exercise options in the Bathgate area compared to Broxburn. Catriona mentioned that a large amount of rehab patients like Easyline which is available in Broxburn Sports Centre. Easyline is basically hydraulic equipment which the patients use within their programme. In Broxburn the patients who attend Easyline use this opportunity to socialise with like minded patients which is ideal. It was thought that due to work in progress with swimming pool in Bathgate Sports Centre that Easyline might not be a priority for Bathgate at the moment. Shena agreed to contact Jen Johnston (West Lothian Council, Physical Activity Co-ordinator) to find out if there are other options in and around the Bathgate area for rehab patients.</p> <p><b>Lothian Audit</b> This is due to be published in next couple of weeks. To be tabled at next meeting for discussion.</p>	<p>All</p> <p>SB</p> <p>LH</p>
	<p><b><u>Dates of next meetings</u></b></p> <p><b>Wednesday 3 March</b> <b>Wednesday 9 June</b> <b>Wednesday 13 October</b></p>	

