New Supported Housing Development

Rosemount Gardens is a new build supported housing complex in Mid Street, Bathgate, situated close to the existing sheltered housing complex in Rosemount Court.

Upon completion in the spring it will offer 30 new tenancies for older people in an ideal location close to Bathgate town centre.

The building is designed to be fully accessible and dementia friendly offering ideal opportunities to promote independent living.

The development of this attractive purpose built facility, in conjunction with a new model of support namely assisted living, will support older people to live independently in the community with the opportunity for an improved quality of life both now and in future years.

New Health Centre

Ground was broken in South Livingston in September 2015 to signify the start of building work for a new health centre in Livingston.

Staff and patients were delighted to see building work start in Murieston, after spending 12 years in temporary accommodation.

The building project has been planned over several years by Dr Ed Russell-Smith, who is the senior doctor in Murieston Medical Practice. “I am delighted that building work has started, as our community has needed a permanent medical practice building for many years.

Patients have received excellent care, but the temporary building has limitations. Our patients will benefit enormously from a modern state-of-the-art facility, which should be completed in Spring 2016.”

Mrs Jan Hamilton, pictured with Dr Russell-Smith and practice manager Mrs Sue Brown, had opened the original practice in 2003. Hamilton Square is named after Mr Jim Hamilton, who was headmaster at Bellsquarry primary school and an international badminton player who did a lot to promote the sport in schools.

The building is progressing well, despite poor weather, and all are looking forward to the move.
A day in the life of a Respiratory Facilitator

Who? Shena Brown

I completed my Registered General Nursing training at Bangour General Hospital in 1989. I’ve undertaken a variety of nursing roles across West Lothian, and developed a specialist interest in respiratory care in 2000. My current role as a respiratory facilitator is a community post and since 2008 has developed and I now work across the acute/community interface.

My day starts at 08.00 and the first hour is spent doing administration which includes emails and telephone calls. In conjunction with my respiratory nurse colleagues we discuss our workplan for the day as we see patients in a variety of clinical settings including in-patients, out-patients and at home.

Monday – Friday at 09.00 I attend the REACT (Hospital at Home) ward round contributing specialist advice to the management of respiratory patients under their care. This can include advice on self management, medications, oxygen therapy and as required I can arrange for patients to be reviewed at the respiratory out-patient clinic or conduct a home visit.

I then leave St John’s Hospital as today I am delivering an education session “Living with a Lung Condition” to patients attending the pulmonary rehabilitation programme at Strathbrock Partnership Centre. Pulmonary rehabilitation is delivered at 3 venues across West Lothian. It focuses on increasing ability to be physically active and supports patients to self manage their lung condition.

Following my education session it’s back in the car and I head to Whitburn to conduct a home visit on a COPD patient who has recently been commenced on long term oxygen therapy (LTOT).

This initial visit provides the opportunity for a clinical review, assessment of compliance with oxygen therapy, completion of screening tools. I also discuss health related benefits, blue disability badge and home safety telecare service.

I advise on Carers of West Lothian and the support they are able to offer to sustain family members in their caring role.

In West Lothian the community nursing service then provide ongoing 6 monthly review for COPD patients on LTOT; this has provided an effective and systematic approach to patient’s health and wellbeing within their communities.

On returning to the office I complete my administration and respond to any telephone calls and emails.

Every day is different… which is why I enjoy my role so much!!!!!!

New Chief Nurse

Mairead Hughes has been appointed Chief Nurse for West Lothian Health and Social Care Partnership.

Mairead came to West Lothian in the early 1990s as a Health Visitor, then Assistant Locality Manager and Development Manager, followed by a two year secondment as Programme Manager for National Vulnerable Families pathway working within National Quality Improvement Scotland.

Prior to her appointment as Chief Nurse Mairead worked as Clinical Nurse Manager for Community Nursing in West Lothian.

Following her appointment Mairead said ‘I am delighted to be Chief Nurse in this exciting time to provide leadership within West Lothian HSCP ensuring that the nursing workforce is at the front of change.

“I welcome the opportunity to deliver integrated nursing services and ensure our nurses are supported to deliver safe and effective care to our patients and the population of West Lothian.’

For more information on any of the articles email: info@westlothianchcp.org.uk
Supporting People with Hearing Loss: Community Access to Hearing Aid Batteries

Since the service started over 10,000 packs of batteries have been distributed in West Lothian with 98% of users reporting the project a success. Also by distributing hearing aid batteries from West Lothian libraries and health centres we have ensured that a local service is delivered which offers the added benefit of opening doors to the other support, services and facilities offered.

The 6 month evaluation showed that 45% of those collecting batteries at libraries reported making use of other facilities available. The project has been recognised winning a Celebrating Success Award, a Bronze CoSLA award and Category 7 – “Promoting partnership working across all services for people with a sensory loss” at the Scottish Sensory Awards 2016.

Excellence in Practice

West Lothian’s Crisis Care Team have again been recognized for excellence in practice.

Developing effective falls response services is a key theme which supports the objective of shifting the balance of care.

The early intervention of the Crisis Care Team avoids unnecessary hospital admission but also focuses on approaches which will reduce or prevent the risk of future falls.

Each partnership area completed a self-assessment tool earlier this year which measures progress against the National Guidance.

West Lothian was one of only four authorities in Scotland recognized as having absolute clarity and agreement amongst all local responding services (including the Scottish Ambulance Service) on arrangements for responding to people who require assistance to get up after a fall but are otherwise uninjured.

New Base for the Community Inclusion Team

The Community Inclusion Team has re-located to the new Kirkton Service Centre at Lister Road in Kirkton Campus, Livingston, providing a good opportunity to base the workshop for adults with learning disabilities, alongside other council services. The activities undertaken focus on mailshots, fulfilment and woodwork projects, which provide experience in work-based tasks. The activities allow people the opportunity to develop further skills which they can use in voluntary work placements and to gain employment. The move will also provide further development opportunities for partnership working and new projects.
Breastfeeding friendly accolade

Murieston and Blackridge Health Centres are the first GP premises in West Lothian to receive the NHS Lothian Breastfeeding Friendly Premises Award. This award helps mothers to feel more confident breastfeeding in public whilst assisting local businesses and agencies to actively contribute to the health and wellbeing of their community.

Staff from Murieston and Blackridge Health Centres were presented with their Breastfeeding Friendly Premises Awards at Murieston Health Centre.

INTEGRATION

During January and February a series of information roadshows were held for HSCP staff across West Lothian and in the Edinburgh Dental Institute.

Jane Kellock, Interim Head of Social Policy and Marion Christie, Head of Health, met with staff across the partnership to outline the new arrangements arising from the implementation of the Public Bodies (Joint Working) (Scotland) Act 2014.

Seen Something? Say Something!

Report Suspected Adult Abuse

People in West Lothian are being urged to act on their instinct if they think someone is taking advantage, harming or neglecting an adult.

The ‘Seen Something? Say Something’ campaign aims to raise awareness of adult harm and encourage people to act on their gut instincts that somebody may be experiencing harm, or is at risk of it.

The campaign also aims to educate on the warning signs that could indicate an adult is at risk such as unexplained cuts and bruises, or refusal to talk about injuries, confusion where their money has gone, or the appearance of nervousness around certain people.

Adult harm can take many forms from physical, psychological, sexual or financial exploitation to neglect, with those who can’t look after or stand up for themselves through factors such as personal circumstances, physical or learning disability, age, illness or infirmity being at more risk.


Visit: www.westlothianchcp.org.uk/help-for-adults for more information.

contact us

West Life is published three times a year and made available to all HSCP employees. We welcome your feedback on anything covered in this issue and suggestions for future issues.

Contact: info@westlothianchcp.org.uk

The next deadline for copy is Friday 6 May 2016

For more information about the HSPC go to www.westlothianchcp.org.uk